

# ASSESSMENTS AND (ONLINE) COACHING SEVEN AREAS OF EXCELLENCE

*If you have to change something- you have to measure it!*

## EVOKING EXCELLENCE and WELLNESS IN OTHERS



Figure 1: Understanding the conceptual framework of the Wellness Excellence Coaching Model - Adapt, Adopt and Accelerate- Numbers above indicate how many different assessments are available in each wellness area

*This is what we do with passion*

*It is my dream to help as many people as possible to live a life of excellence and that they radiate from the inside out*

No one wants to throw darts in the dark

Especially not when it comes to the success of your business and its employees.

**Our Coaching Process: 1 Chemistry check. 2. Discovery and assessment process. 3. Feedback meeting. 4. Action planning. 5. Alignment meeting. 6 Ongoing Coaching. 7. Realignment meeting**

- Do your online wellness assessments from home.
- Quick turnaround time and assessment outcome.
- Don't shoot in the dark. Fix the real issues and getting to the roots.
- Full hands-on support- Personal guidance when you need it.
- Our comprehensive online assessment service offering you easy instantaneous benefits and online coaching.

**How it all works..... Six easy steps**

1. The INVESTMENT cost for 2021/2022 will be: R 950,00.
2. **FREE:** Needs analysis discussion and priorities.
3. Select and agree on your combo (any 3-5 assessments). Nearly 200 different wellness assessments to choose from.
4. We will invoice you after your final selection of assessments.
5. Heart to heart interactive either life or zoom implementation sessions, so you get all the professional help your situations need most.
6. On-going personal and relevant guidance when you need it.

**BONUS:** Free online course of your choice. See link  
<https://mariodenton.teachable.com/>

**Norms for assessment results**

<b>FUNCTIONAL AND FLOURISHING</b>	<b>IRRITATING</b>	<b>DAMAGING</b>	<b>TOXIC</b>	<b>DEADLY</b>
More than 80% Excellent and world-class	Between 70 and 80 % Still very good to good but early signals	Between 60 and 70 % Average to Below average	Between 50 and 60 % Very poor	Less than 50 % Exceptionally Poor

**Indecisiveness can be costly in terms of opportunity and our courage. You cannot build a reputation on what you are going to do. Henry Ford**

# 1. PERSONAL EXCELLENCE

S	Need	Link
1	Anger Management: Have you been the victim of real or perceived injustice? Have you been hurt by rejection or someone's unkind words? Do you feel a sense of frustration because of unmet expectations?	<a href="https://forms.gle/V9q9BDCn7GmkWD7">https://forms.gle/V9q9BDCn7GmkWD7</a>
2	Conducting Detox- Gather, Reflection, Write, Rewrote, Active Reach	<a href="https://forms.gle/6gJAhnvtXgobRGhi8">https://forms.gle/6gJAhnvtXgobRGhi8</a>
3	Confirming Your Beliefs About Yourself and Others	<a href="https://forms.gle/B7z8TbmwwrbdP6hh9">https://forms.gle/B7z8TbmwwrbdP6hh9</a>
4	Defining Virtues- Love, Joy, Peace, Self-Control, Hope, Patience, Kindness, Faithfulness, Gentleness, Humility	<a href="https://forms.gle/7bhahDAPpbd6kxqB6">https://forms.gle/7bhahDAPpbd6kxqB6</a>
5	Determining Your Purpose: Part A- Passion and Different Realities	<a href="https://forms.gle/qmtzSF5RYgQYnThy6">https://forms.gle/qmtzSF5RYgQYnThy6</a>
6	Determining Your Purpose: Part B- Positive Outlook	<a href="https://forms.gle/co12VoNX9NZY4q4SA">https://forms.gle/co12VoNX9NZY4q4SA</a>
7	Emotional Wellness: Part 1- The Impact of Life Events	<a href="https://forms.gle/ghVkrCwDkwt6bxEb6">https://forms.gle/ghVkrCwDkwt6bxEb6</a>
8	Emotional Wellness: Part 2- Emotional Expression and Awareness	<a href="https://forms.gle/zQ9UfRWRcp1kk84J8">https://forms.gle/zQ9UfRWRcp1kk84J8</a>
9	Emotional Wellness: Part 3 - Creativity, Resilience and Discontent	<a href="https://forms.gle/HzJYugiXcA2D2eQo8">https://forms.gle/HzJYugiXcA2D2eQo8</a>
10	Emotional Wellness: Part 4 - Values, Trust, Outlook, Integrity and Personal Power	<a href="https://forms.gle/LNXMSu7qr6XKtem6A">https://forms.gle/LNXMSu7qr6XKtem6A</a>
11	Emotional Wellness: Part 5 - Relationship Quotient and Optimal Performance	<a href="https://forms.gle/WMbuGSpXL2nykQa26">https://forms.gle/WMbuGSpXL2nykQa26</a>
12	Emotional Wellness: Part 6 - General Health Events	<a href="https://forms.gle/X5h55fWsrWSyUGXDA">https://forms.gle/X5h55fWsrWSyUGXDA</a>
13	Enhancing Brain Preferences	<a href="https://forms.gle/vHG2cE6FY5h3F52MA">https://forms.gle/vHG2cE6FY5h3F52MA</a>
14	Feeling trapped in a storm	<a href="https://forms.gle/X6qGEaHEKeT81bHK7">https://forms.gle/X6qGEaHEKeT81bHK7</a>

15	Getting to The Root of Insecurities- Neglect of Identity, Security, Affirmation and Sound Authority	<a href="https://forms.gle/YvjA6DFAVy8L2Qiy6">https://forms.gle/YvjA6DFAVy8L2Qiy6</a>
16	Happiness and Purpose- Creating Your Own Reality	<a href="https://forms.gle/7FQQJieRYrfLwHew6">https://forms.gle/7FQQJieRYrfLwHew6</a>
	A17-A26 Pupils at grade 7, 8 and 9	
A17	<i>Identiteit: - Deel 1 Persoonlikheidstyl</i>	<a href="https://forms.gle/GaYAV2m1SDyYRsvyZ">https://forms.gle/GaYAV2m1SDyYRsvyZ</a>
A18	<i>Identiteit - Deel 2 Vermoens</i>	<a href="https://forms.gle/DfAbpxs79f3dV5tQ9">https://forms.gle/DfAbpxs79f3dV5tQ9</a>
A19	<i>Identiteit - Deel 3 Belangstellings</i>	<a href="https://forms.gle/z28tHZxQ1EjdyyjF6">https://forms.gle/z28tHZxQ1EjdyyjF6</a>
A20	<i>Identiteit - Deel 4 Karakter</i>	<a href="https://forms.gle/xs1bcv7AV69JZaPN7">https://forms.gle/xs1bcv7AV69JZaPN7</a>
A21	<i>Identiteit - Deel 5 Prioriteite</i>	<a href="https://forms.gle/mzMU4k2it8URQz5P6">https://forms.gle/mzMU4k2it8URQz5P6</a>
A22	<i>Identiteit - Deel 6 Jou Storie</i>	<a href="https://forms.gle/UU2YMeJW6ZEVQhsz5">https://forms.gle/UU2YMeJW6ZEVQhsz5</a>
A23	<i>Identiteit - Deel 7 Lewensdoel</i>	<a href="https://forms.gle/NKafqm2QmGZR2nUE7">https://forms.gle/NKafqm2QmGZR2nUE7</a>
A24	<i>Identiteit - Deel 8: Beroepsaktiwiteite</i>	<a href="https://forms.gle/3PFPqSfBBABpHcQn7">https://forms.gle/3PFPqSfBBABpHcQn7</a>
A25	<i>My Skool Belewens</i>	<a href="https://forms.gle/NLjjvtpr8hpiqC4A">https://forms.gle/NLjjvtpr8hpiqC4A</a>
26	Initiating Griefshare – Identify Where You Are in Your Journey of Grief and Hurt	<a href="https://forms.gle/GpZerUSpwnC4dgBi9">https://forms.gle/GpZerUSpwnC4dgBi9</a>
27	Mapping Energy Levels- Identify Where You Are in These Different Activities	<a href="https://forms.gle/12TRhc6rgToL5JmN9">https://forms.gle/12TRhc6rgToL5JmN9</a>
28	My EQ Radar - Section 1 - Self-Regard, Affirmation, Meaning and Identity	<a href="https://forms.gle/LTspS7g12P9QdBRA6">https://forms.gle/LTspS7g12P9QdBRA6</a>
29	My EQ Radar - Section 2 - Engagement, Assertiveness, Compassion	<a href="https://forms.gle/DFpSqQPWwAEe3ckV6">https://forms.gle/DFpSqQPWwAEe3ckV6</a>
30	My EQ Radar - Section 3 - Resilience, Stress, Love, Empathy, Compassion	<a href="https://forms.gle/CYMWHwwwPjif2b6T9">https://forms.gle/CYMWHwwwPjif2b6T9</a>
31	My EQ Radar - Section 4 - Security, Self-Management and Quality of Life	<a href="https://forms.gle/Rsor4JNjubVNAzRC6">https://forms.gle/Rsor4JNjubVNAzRC6</a>
32	My EQ Radar - Section 5 - Self-Control and Problem-Solving	<a href="https://forms.gle/jsrYzmGXhMtFxN6m6">https://forms.gle/jsrYzmGXhMtFxN6m6</a>
33	My EQ Radar - Section 6 - Engagement Versus Disengagement	<a href="https://forms.gle/6JvBcbgafpsY3yts8">https://forms.gle/6JvBcbgafpsY3yts8</a>
34	My EQ Radar - Section 7- Emotional Seasons	<a href="https://forms.gle/WV8gKBjrGfqvBnKL8">https://forms.gle/WV8gKBjrGfqvBnKL8</a>
35	Personal Style Inventory- Giving You A Picture of The Shape of Your Preferences and Unique Personality Shapes	<a href="https://forms.gle/p12NNcGpMD4kX4aq5">https://forms.gle/p12NNcGpMD4kX4aq5</a>
A36	<i>Selfbestuur - Belewens</i>	<a href="https://forms.gle/J5pYMS2Li4qg7sNn8">https://forms.gle/J5pYMS2Li4qg7sNn8</a>
37	Testing Learning Styles- Visual, Kinetic, Logical, Language- Orientated Learner	<a href="https://forms.gle/9pNomedpNQinhHCv8">https://forms.gle/9pNomedpNQinhHCv8</a>

38	Wellness Part 1: Recent Life Events	<a href="https://forms.gle/Fnn2xdFFx9bQfxxV6">https://forms.gle/Fnn2xdFFx9bQfxxV6</a>
39	Wellness Part 2: Control of Life	<a href="https://forms.gle/mQryoqZq2rToVkgT8">https://forms.gle/mQryoqZq2rToVkgT8</a>
40	Wellness Part 3: Health Habits & Personal Preferences	<a href="https://forms.gle/Kvue7W2AMG3kksMi6">https://forms.gle/Kvue7W2AMG3kksMi6</a>
41	Wellness Part 4: Describe Your Job	<a href="https://forms.gle/Jdc8ZX3Gzj1WPxns6">https://forms.gle/Jdc8ZX3Gzj1WPxns6</a>
42	Wellness Part 5: Attitudes & Feelings About Your Job	<a href="https://forms.gle/EZme8eyA24u43VXEA">https://forms.gle/EZme8eyA24u43VXEA</a>
43	Wellness Part 6: Heart Diseases	<a href="https://forms.gle/muwX16qSMrbHet3i9">https://forms.gle/muwX16qSMrbHet3i9</a>
44	Wellness Part 7: Relationships	<a href="https://forms.gle/SjfidJobPQ6KLCWD7">https://forms.gle/SjfidJobPQ6KLCWD7</a>
45	Energy Sappers- Respond to Stress Matters	<a href="https://forms.gle/sh6naLW4BpbQkjpLA">https://forms.gle/sh6naLW4BpbQkjpLA</a>

# No one wants to throw darts in the dark

Especially not when it comes to the success of your business and its employees

## 2. OCCUPATIONAL EXCELLENCE

1	Accelerate Your Performance - How Best to Engage You Towards Accelerating Higher Performance at This Stage	<a href="https://forms.gle/mbmfdSJ1S44H2jSz7">https://forms.gle/mbmfdSJ1S44H2jSz7</a>
2	Coaching and Mentoring- Change the Way You Play the Game	<a href="https://forms.gle/rNx3WjFYhxt73bATA">https://forms.gle/rNx3WjFYhxt73bATA</a>
3	Bringing Your Plans into Reality- Create Momentum and Get into The Flow of Transforming Your Life	<a href="https://forms.gle/qU8aX65iB6Sghi7X9">https://forms.gle/qU8aX65iB6Sghi7X9</a>
4	Your Career Planning - Making Informed Career Decisions and Study Choices	<a href="https://forms.gle/x2bnt7uD2MZWBqRU8">https://forms.gle/x2bnt7uD2MZWBqRU8</a>
5	Career Development - Assisting You in Personal Development and Setting Career Directed Goals.	<a href="https://forms.gle/DbdkQdQzJDq7n3BAA">https://forms.gle/DbdkQdQzJDq7n3BAA</a>
6	Career preferences, career fields, activities and environments	<a href="https://forms.gle/6U4ri8H71ULVQbpy6">https://forms.gle/6U4ri8H71ULVQbpy6</a>
7	Coaching and Mentoring Questions to Develop Leaders: Part 1 Relating	<a href="https://forms.gle/5f178AQf6cjJRF4y9">https://forms.gle/5f178AQf6cjJRF4y9</a>

8	Coaching and Mentoring Questions to Develop Leaders: Part 2 Reflection	<a href="https://forms.gle/T3WzPA2nmzuC84Tk9">https://forms.gle/T3WzPA2nmzuC84Tk9</a>
9	Coaching and Mentoring Questions to Develop Leaders: Part 3 Reviewing	<a href="https://forms.gle/r5hJDCZFyD67KZtd9">https://forms.gle/r5hJDCZFyD67KZtd9</a>
10	Coaching and Mentoring Questions to Develop Leaders: Part 4 Refocus	<a href="https://forms.gle/jHjdFd91QXUCRFGM7">https://forms.gle/jHjdFd91QXUCRFGM7</a>
11	Coaching and Mentoring Questions to Develop Leaders: Part 5 Spiritual	<a href="https://forms.gle/8vL35CvdKZ5vf37d8">https://forms.gle/8vL35CvdKZ5vf37d8</a>
12	Career and Life management	<a href="https://forms.gle/1TyegBU9ayDgJtpE7">https://forms.gle/1TyegBU9ayDgJtpE7</a>
13	Career Direct Follow up coaching	<a href="https://forms.gle/z4pB14DDwJtpigYQ9">https://forms.gle/z4pB14DDwJtpigYQ9</a>
14	Deal with Tough Times- Dealing with Psychological Survival and Challenges	<a href="https://forms.gle/BWg1ruyDuyzXHF1H9">https://forms.gle/BWg1ruyDuyzXHF1H9</a>
15	Changing Quality of Life - How You Feel About Your Health, Job, And Other Aspects of Your Life.	<a href="https://forms.gle/vaGSL6uPj59Vtnba9">https://forms.gle/vaGSL6uPj59Vtnba9</a>
16	Entrepreneurship That Prospers- Ten Critical Success Factors	<a href="https://forms.gle/1XjCYjm1815WukAK8">https://forms.gle/1XjCYjm1815WukAK8</a>
17	Establishing Strengths- Refine and Practice Your Strengths to Achieve Excellence	<a href="https://forms.gle/khnAkDvyJ9iD1C1PA">https://forms.gle/khnAkDvyJ9iD1C1PA</a>
18	Focus: Personal Balanced Scorecard- Who You Are, Where Are You Going, Your Uniqueness, Measuring Results	<a href="https://forms.gle/fR9CGJLA6eVKUESq5">https://forms.gle/fR9CGJLA6eVKUESq5</a>
19	Identifying Coaching Needs- Looking at Who You Are, Who You Want to Be and What Is Important to You	<a href="https://forms.gle/zyUJ3v7byVL4o2DX9">https://forms.gle/zyUJ3v7byVL4o2DX9</a>
20	Job Interview Personal Coaching	<a href="https://forms.gle/mqj5WuvoD9WEfJg48">https://forms.gle/mqj5WuvoD9WEfJg48</a>
21	EQ Heartbeat- Guide You to Heightened Awareness of Ways How EQ Can Help You Get the Results You Require.	<a href="https://forms.gle/tjc8u2QpqSLdMsFJ9">https://forms.gle/tjc8u2QpqSLdMsFJ9</a>
22	Measuring Blind Spots and Accountability- Quality Time, Family, Relationships. Good Steward, Diligent at Work	<a href="https://forms.gle/XToSYCPh3T3444j29">https://forms.gle/XToSYCPh3T3444j29</a>
23	Obtaining Value Proposition – Determine You're Set of Characteristics That Define Your Brand	<a href="https://forms.gle/WHudUsv8vR9qmBnx9">https://forms.gle/WHudUsv8vR9qmBnx9</a>
24	Resilience Meter- Competency, Optimism, Potency, Usefulness, Belonging	<a href="https://forms.gle/TsFDw28dm8emXQ8bA">https://forms.gle/TsFDw28dm8emXQ8bA</a>

25	Resolving the Conflict - Understanding of The Conflict Issues Related to Your Organisational Strategic Focus Areas.	<a href="https://forms.gle/jjDd4bDNG7uo9Mby5">https://forms.gle/jjDd4bDNG7uo9Mby5</a>
26	Reviewing Career Wellness - Discover Your Talents, Ignite Your Passion, And Realize Your Potential.	<a href="https://forms.gle/9HHqeAjbDQ72iaLd6">https://forms.gle/9HHqeAjbDQ72iaLd6</a>
27	Screening Half Time- Struggles, Survival, Success, Significance, Surrender	<a href="https://forms.gle/wxV9i1WoySL15GFN6">https://forms.gle/wxV9i1WoySL15GFN6</a>
28	See the Big Picture- See Your Life from A New Perspective, Develop Qualities to Take Your Life to The Next Level.	<a href="https://forms.gle/amaPNY6nn3LVwo4z7">https://forms.gle/amaPNY6nn3LVwo4z7</a>
29	Solving the One Thing- What Obstacles Are the Team Currently Having and Where Are You Under Pressure in Your Team?	<a href="https://forms.gle/vUVe2Ye3m7ksFiYE8">https://forms.gle/vUVe2Ye3m7ksFiYE8</a>
30	Fixing Stumbling Blocks – Identifying Habitual Thoughts or Unquestioned Beliefs.	<a href="https://forms.gle/TYqSTa9uhj23qEq89">https://forms.gle/TYqSTa9uhj23qEq89</a>
31	Ensuring Job Satisfaction – Evaluate Whether Internal and External Aspects of The Job Meet Individual Expectations.	<a href="https://forms.gle/iDCC7rfmi2vzKQPbA">https://forms.gle/iDCC7rfmi2vzKQPbA</a>
32	Success to significance. People at different career seasons ask different questions. This assessment will guide you to discover options how you can spend the rest of your life	<a href="https://forms.gle/fwaZLTsaGfnQnQoH8">https://forms.gle/fwaZLTsaGfnQnQoH8</a>
33	Turn-Ons & Turn-Offs – Areas That Can Promote A Great Workplace or Areas (Turn-Offs) That Can Cause Irritation, Frustration and Dysfunction.	<a href="https://forms.gle/q64rnBGGAfSjKXgap7">https://forms.gle/q64rnBGGAfSjKXgap7</a>
34	Value Your True Essence - Focus on Your Achievements and Strengths	<a href="https://forms.gle/Mfuq7Q1eGZnM9Wko8">https://forms.gle/Mfuq7Q1eGZnM9Wko8</a>
35	Your Happiness Indicator - Words and Phrases to Describe You and How You Feel About Your Present Life.	<a href="https://forms.gle/V6h4KomQSpyARh9X6">https://forms.gle/V6h4KomQSpyARh9X6</a>
36	Your next level of success- Understanding your calling, creativity, courage, support, encouragement, self-belief and action	<a href="https://forms.gle/z3vkJzFjJR4G95ZAA">https://forms.gle/z3vkJzFjJR4G95ZAA</a>

*It is my dream to help as many people as possible to live a life of excellence and that they radiate from the inside out*

### 3. FAMILY EXCELLENCE

1	Attract the Relationships That You Want – Understanding Relationships and How to Improve Your Power of Communication and Synergy	<a href="https://forms.gle/3oWUNhLBH7xU6YXeA">https://forms.gle/3oWUNhLBH7xU6YXeA</a>
2	Build the Right Foundations- Building Strong Character Foundations	<a href="https://forms.gle/fcedi82xfEEVXTrp9">https://forms.gle/fcedi82xfEEVXTrp9</a>
3	Check Your Heart - Hardened, Alienated, Forgiving, Proudful, Humble	<a href="https://forms.gle/cEFiTQ4ZkRmeYxB16">https://forms.gle/cEFiTQ4ZkRmeYxB16</a>
4	Covenant Checklist-Commit, Offer, View, Eliminate, Nurture, Ask, Nourish, Turn	<a href="https://forms.gle/VuMukGxK6g3k1U6A7">https://forms.gle/VuMukGxK6g3k1U6A7</a>
5	Deal with Stress Symptoms - Living A Balanced Life and Assess Your Various Stress Symptoms	<a href="https://forms.gle/e789HZLn2znFE1XJ6">https://forms.gle/e789HZLn2znFE1XJ6</a>
6	Determining Real Results- Clarify Your Vision, Goals and Virtues	<a href="https://forms.gle/XpiEkEvFhMca3Nyp9">https://forms.gle/XpiEkEvFhMca3Nyp9</a>
7	Dysfunctional Families – Measuring Timeless, Unchanging Principles	<a href="https://forms.gle/NabmyPq6yHnWC6XD7">https://forms.gle/NabmyPq6yHnWC6XD7</a>
8	Encouraging Joyfulness- Identify New Levels of Joyfulness	<a href="https://forms.gle/dNjvthH53DDRtLa1A">https://forms.gle/dNjvthH53DDRtLa1A</a>
9	Exploring Bullying Identify and Dealing with Bullying	<a href="https://forms.gle/nNv8Q753PsFhV3oj7">https://forms.gle/nNv8Q753PsFhV3oj7</a>
10	Fulfilment: Myth or Reality- Uncover Your Pain, Fears, Limiting Beliefs and Blind Spots	<a href="https://forms.gle/Admn4SD4fmJxTTpT9">https://forms.gle/Admn4SD4fmJxTTpT9</a>
11	Deep Marriage Conversations: Part 1- Covenant, One- Flesh Flowing Together, Forgiveness, Sowing and Reaping	<a href="https://forms.gle/GbiKSPibLqv4fgBy5">https://forms.gle/GbiKSPibLqv4fgBy5</a>
12	Deep Marriage Conversations Part 2- Roles, Responsibilities and Accountabilities, Synergism	<a href="https://forms.gle/txceRL3xXgWVqMrd6">https://forms.gle/txceRL3xXgWVqMrd6</a>



13	<b>Deep Marriage Conversations: Part 3 – Vision, Intimacy and Agreement</b>	<a href="https://forms.gle/p2M2Km1SvakTjt9A8">https://forms.gle/p2M2Km1SvakTjt9A8</a>
14	<b>Positive Parenting Solutions: Part 1- Discipline, Love, Understanding and Preparing, Treasuring</b>	<a href="https://forms.gle/9h3DdeEBz5EsM8gn8">https://forms.gle/9h3DdeEBz5EsM8gn8</a>
15	<b>Positive Parenting Solutions: Part 2- Teaching, mentoring, releasing, destiny</b>	<a href="https://forms.gle/trhyU5cuiXYhSABu7">https://forms.gle/trhyU5cuiXYhSABu7</a>
16	<b>Parenting Style: Dad- Major Burning Issues Facing Fathering Today and How Children Observing It</b>	<a href="https://forms.gle/aEw43ehyNwmMjaTc6">https://forms.gle/aEw43ehyNwmMjaTc6</a>
17	<b>Parenting the New Generation -Prepare Your Child (Ren) To Fly and Keep Releasing Them</b>	<a href="https://forms.gle/wvYF8ejJGa6YjG5P8">https://forms.gle/wvYF8ejJGa6YjG5P8</a>
18	<b>Pathways Part 1 Life, Leadership, Ministry and Business</b>	<a href="https://forms.gle/z21sCC36kQrN4ZU99">https://forms.gle/z21sCC36kQrN4ZU99</a>
19	<b>Pathways Part 2 Life, Leadership, Ministry and Business</b>	<a href="https://forms.gle/SSc2iDKo2YNPYjif7">https://forms.gle/SSc2iDKo2YNPYjif7</a>
20	<b>Praying for My Children and Grandchildren</b>	<a href="https://forms.gle/LchJkPWmRY73sGJw9">https://forms.gle/LchJkPWmRY73sGJw9</a>
21	<b>Pre-Marital: Part 1- Family Ties and Memory Lane</b>	<a href="https://forms.gle/LrULbrRm7XnDndHs5">https://forms.gle/LrULbrRm7XnDndHs5</a>
22	<b>Pre-Marital: Part 2 – Intimacy, Reality Check, Financial Planning</b>	<a href="https://forms.gle/rNjB3YrtQSm1dkgn8">https://forms.gle/rNjB3YrtQSm1dkgn8</a>
23	<b>Processing Worry and Criticism - How to Cope with Worrying and Dealing with Criticism</b>	<a href="https://forms.gle/9G224jV6PHuxHKjV9">https://forms.gle/9G224jV6PHuxHKjV9</a>
24	<b>Relationship Rescue: Eliminating a Bad Spirit</b>	<a href="https://forms.gle/tV3H59pCGNFiaz8i6">https://forms.gle/tV3H59pCGNFiaz8i6</a>
25	<b>Relationship Rescue: Red Alert</b>	<a href="https://forms.gle/EGa94HBkwi46WPrK9">https://forms.gle/EGa94HBkwi46WPrK9</a>
26	<b>Relationship Rescue: Health Profile</b>	<a href="https://forms.gle/NG4zEUv7JRMiW5VE9">https://forms.gle/NG4zEUv7JRMiW5VE9</a>
27	<b>Relationship Rescue: Characteristics</b>	<a href="https://forms.gle/v7ayF1swq1p9cUYb8">https://forms.gle/v7ayF1swq1p9cUYb8</a>
28	<b>Relationship Rescue: Lifestyle accountability</b>	<a href="https://forms.gle/HGxsZSuNxRA7ttbc6">https://forms.gle/HGxsZSuNxRA7ttbc6</a>
29	<b>Relationship Rescue: Behavioural Profiles</b>	<a href="https://forms.gle/HFPDzWmVcbza2qBg9">https://forms.gle/HFPDzWmVcbza2qBg9</a>
30	<b>Relationship Rescue: Communication Patterns</b>	- <a href="https://forms.gle/hAMVJ9FeVdQciP5QA">https://forms.gle/hAMVJ9FeVdQciP5QA</a>
31	<b>Relationship Rescue: Emotional, physical, social and security Needs</b>	<a href="https://forms.gle/6hfecp3DGVaTsAoe6">https://forms.gle/6hfecp3DGVaTsAoe6</a>

32	Releasing of Hurt- Determine Issues Around Your Past Hurt....	<a href="https://forms.gle/QxBg8o9zTfK4xQwK9">https://forms.gle/QxBg8o9zTfK4xQwK9</a>
33	Spring Clean Your Life – Declutter Yourself	<a href="https://forms.gle/uuFd7xiW1gzCbKHX8">https://forms.gle/uuFd7xiW1gzCbKHX8</a>
34	Testing the Waters: Marriage Agreement	<a href="https://forms.gle/ihFxCaaYam3Zr9ZW7">https://forms.gle/ihFxCaaYam3Zr9ZW7</a>

**“Don’t fear failure. Fear being in the exact same place next year as you are today.” – Michael Hyatt**

**Just click on the links and let your coaching Journey begins**

**Coaching Model - Adapt, Adopt and Accelerate**

***This is what we do with passion***

**FINANCIAL EXCELLENCE**

1	Focus on What Really Matters- Personal Scorecard	<a href="https://forms.gle/fR9CGJLA6eVKUESq5">https://forms.gle/fR9CGJLA6eVKUESq5</a>
2	Money and Marriage Part 1: Our Marriage Relationship	<a href="https://forms.gle/3wsy4eq4puh7vMxQ6">https://forms.gle/3wsy4eq4puh7vMxQ6</a>
3	Money and Marriage Part 2: Common Challenges	<a href="https://forms.gle/8GE8kCbgTXNpZt91A">https://forms.gle/8GE8kCbgTXNpZt91A</a>
4	Money and Marriage Part 3: Income and Expenditure	<a href="https://forms.gle/kwYL7wAhV6W3xaFG9">https://forms.gle/kwYL7wAhV6W3xaFG9</a>
5	Money and Marriage Part 4: Common Problems	<a href="https://forms.gle/KwTpgGFho88XdaaA7">https://forms.gle/KwTpgGFho88XdaaA7</a>
6	Money and Marriage Part 5: Creating the Future	<a href="https://forms.gle/icyFmchsSNbQJ3S96">https://forms.gle/icyFmchsSNbQJ3S96</a>
7	Shape Up Your Finances- Determine the Way You Manage Your Money	<a href="https://forms.gle/HV8eoBqKEa8CF6zm7">https://forms.gle/HV8eoBqKEa8CF6zm7</a>
8	Thriving and Flourishing: Overall Happiness Redefining Who We Are Starts with A Thought. That Is Why It Is So Important to Control What We Think.	<a href="https://forms.gle/fMvjkR43TnTmxDFb6">https://forms.gle/fMvjkR43TnTmxDFb6</a>

## 5. TEAM AND RELATIONAL EXCELLENCE

**Good leaders create a vision, articulate the vision passionately own the vision and relentlessly drive it to completion, Jack Welch**

1	<b>Accomplishment Analysis</b> Key questions around the results and accomplishments over the past 3-5 years	<a href="https://forms.gle/eQr61gi6ReZsFTNa7">https://forms.gle/eQr61gi6ReZsFTNa7</a>
2	<b>Anticipating People Risks Part 1- Financial, Planning, Leadership and Change Risks</b>	<a href="https://forms.gle/tc9jotBEsQK1Trtj7">https://forms.gle/tc9jotBEsQK1Trtj7</a>
3	<b>Building Motivational DNA - Motivated People Advance Further and Faster in Their Careers</b>	<a href="https://forms.gle/dh4CLiVVAvatjx4A">https://forms.gle/dh4CLiVVAvatjx4A</a>
4	<b>C5 - Character in Your Team- Assess the Following: Character + Competency + Chemistry + Credibility + Conduct = Consistency</b>	<a href="https://forms.gle/JVC3MTQEdZ47KSGVA">https://forms.gle/JVC3MTQEdZ47KSGVA</a>
5	<b>Career Advancement and Recalculation</b>	<a href="https://forms.gle/5oXppNjWdLgbeCXi7">https://forms.gle/5oXppNjWdLgbeCXi7</a>
6	<b>Caring Vs Critical Spirit- Appreciation, Positive Comments, Communicating Well, Encouragement</b>	<a href="https://forms.gle/nU5uFJiR4oXVBUAPA">https://forms.gle/nU5uFJiR4oXVBUAPA</a>
7	<b>Changing Engagement Gaps- Disappointment, Discouragement, Distance, Disconnect, Fully Disengaged</b>	<a href="https://forms.gle/f5UdJse3BS8ouCkt8">https://forms.gle/f5UdJse3BS8ouCkt8</a>
8	<b>Eliminating Trust Gaps – A Comprehensive Understanding of The Issues Related to Organisational Trust.</b>	<a href="https://forms.gle/A4fLmKEJPzrmNySF6">https://forms.gle/A4fLmKEJPzrmNySF6</a>
9	<b>Forming, Storming, Norming, Performing- Identify the Present Stage of Your Team's Development</b>	<a href="https://forms.gle/KssmXDzZdfKMPxYp9">https://forms.gle/KssmXDzZdfKMPxYp9</a>
10	<b>Golden, Rusty, Red Alerts and Blue Skies Doing A SWOT Analysis for Your Team</b>	<a href="https://forms.gle/W2H26JqrW4dLkqh6">https://forms.gle/W2H26JqrW4dLkqh6</a>
11	<b>Implementing Unity- United We Stand, Diversity, Social Awareness, Compare, Offenses, Cliques, Straight Talk, On the Same Page</b>	<a href="https://forms.gle/UPjiAvMqDf4rFVXu6">https://forms.gle/UPjiAvMqDf4rFVXu6</a>

12	<b>Moral Intelligence- Acting Consistently with Principles, Values, And Beliefs</b>	<a href="https://forms.gle/WoxVBxLK4p4eUQZW7">https://forms.gle/WoxVBxLK4p4eUQZW7</a>
13	<b>Make Time Work for You - The Challenge Is Not to Manage Time, But to Manage Ourselves</b>	<a href="https://forms.gle/WUmHCDCvzauuysaW6">https://forms.gle/WUmHCDCvzauuysaW6</a>
14	<b>Mission Directed Work Teams- Trust, Conflict, Encouragement, Engagement, Transparency, Thinking, Delivery, Change, Togetherness, Alignment</b>	<a href="https://forms.gle/NGBjAayiqLGjAKtQ7">https://forms.gle/NGBjAayiqLGjAKtQ7</a>
15	<b>My Leadership Practices- Help You Lead Others to Get Extraordinary Things Done</b>	<a href="https://forms.gle/VqiSjjHaroXS5Hno8">https://forms.gle/VqiSjjHaroXS5Hno8</a>
16	<b>New Expectations and Competency Review- How Do We Develop Competencies and Stay Relevant</b>	<a href="https://forms.gle/jECtkxRHaFDQKzK19">https://forms.gle/jECtkxRHaFDQKzK19</a>
17	<b>People Risks Part 2- Accountability, Problem-Solving, Communicating and Customer Risks</b>	<a href="https://forms.gle/xkhRwU7GSBKStz9u6">https://forms.gle/xkhRwU7GSBKStz9u6</a>
18	<b>People Risks Part 3- Impact, Team, Outcomes, Ethical Conduct Risks</b>	<a href="https://forms.gle/yva9hP15kzPh6XVU8">https://forms.gle/yva9hP15kzPh6XVU8</a>
19	<b>Personality Patterns: Other- Rate the Person's Personality</b>	<a href="https://forms.gle/iw9vFgiQAmZE51RG9">https://forms.gle/iw9vFgiQAmZE51RG9</a>
20	<b>Personality Patterns: Self - Understanding Our Personality, As Well As How Others Are Different,</b>	<a href="https://forms.gle/s2M8CfE6ea97eWyy6">https://forms.gle/s2M8CfE6ea97eWyy6</a>
21	<b>Proposing the Golden Rule - Apply the Principles of Ethics to Improve Organisational Culture</b>	<a href="https://forms.gle/Lqq7RVni8ekQDisu8">https://forms.gle/Lqq7RVni8ekQDisu8</a>
22	<b>Reality Check-Up with The Challenges</b>	<a href="https://forms.gle/wAgjVGh4BT6QBEFCA">https://forms.gle/wAgjVGh4BT6QBEFCA</a>
23	<b>Real-Time Fine-Tuning Assessment Respect, Transparency, Loyalty, Results, Realities, Expectations, Accountability, Commitments</b>	<a href="https://forms.gle/TGFE4iLaH5cgebga7">https://forms.gle/TGFE4iLaH5cgebga7</a>
24	<b>Sales Team – Be Skilled in Selling to Your Customers and Identify and Address Some of Your Customer Service Challenges.</b>	<a href="https://forms.gle/EP6sZ4eGqMH75xQNA">https://forms.gle/EP6sZ4eGqMH75xQNA</a>
25	<b>Supervisory Practices – Dealing with The Supervisory Roles and Responsibilities</b>	<a href="https://forms.gle/CwDishxNwtfNVHw7">https://forms.gle/CwDishxNwtfNVHw7</a>
26	<b>Presenting Team Roles Identify Your Preferred Team Style</b>	<a href="https://forms.gle/8DpeYCrVbUSKpxcg6">https://forms.gle/8DpeYCrVbUSKpxcg6</a>

27	The Vision of a Leader - To Create Visions, Leaders Must Become Preoccupied with The Future	<a href="https://forms.gle/4zQi42v4RVh6zMVq7">https://forms.gle/4zQi42v4RVh6zMVq7</a>
28	Understanding Communication- Clarify, Listen, Explore, Action and Review,	<a href="https://forms.gle/ZYXH4kpohKHBrXHt8">https://forms.gle/ZYXH4kpohKHBrXHt8</a>

## 6. ORGANISATIONAL EXCELLENCE

1	Building Customer Care - Contact with Customers Communicate Something	<a href="https://forms.gle/AwDSVvm3KXdMoUkc7">https://forms.gle/AwDSVvm3KXdMoUkc7</a>
2	Business Unit Efficiency - What Blocks Effectiveness and Efficiency in Your Team?	<a href="https://forms.gle/gPiceYmuqHE3JAFH9">https://forms.gle/gPiceYmuqHE3JAFH9</a>
3	Customer Service Plus - Raising the Bar of Service Excellence and Productivity	<a href="https://forms.gle/d4Rm2cfh2gbiU39D7">https://forms.gle/d4Rm2cfh2gbiU39D7</a>
4	Developing EQ Leadership - Understand the Role That EQ Plays in Effective Leadership Development and Effectiveness	<a href="https://forms.gle/b85uUZ36n3Ny7dyZ6">https://forms.gle/b85uUZ36n3Ny7dyZ6</a>
5	Energy Givers: Part 1- Declarations and Affirmations	<a href="https://forms.gle/b5p9G66QDobSrF438">https://forms.gle/b5p9G66QDobSrF438</a>
6	Energy Givers: Part 2- Measuring Energy Waisters and Takers	<a href="https://forms.gle/RuWsQ7mRWj2q2jv1A">https://forms.gle/RuWsQ7mRWj2q2jv1A</a>
7	Exceptional Execution - measuring leadership, strategy, workforce, operations, results and problem solving	<a href="https://forms.gle/ZjFzQcPUtWqvdbXA8">https://forms.gle/ZjFzQcPUtWqvdbXA8</a>
8	Improving Productivity - Look at The Root Causes and Not the Symptoms	<a href="https://forms.gle/5Pa2ApxX4ti9Z1EKA">https://forms.gle/5Pa2ApxX4ti9Z1EKA</a>
9	Mastering Employee Relations - Break Destructive Habits and Build Strong Relationships.	<a href="https://forms.gle/MvqZsXhi3wEh9ETH9">https://forms.gle/MvqZsXhi3wEh9ETH9</a>
10	Mission, Vision, Structure – Develop the Overall Competitive Strategy.	<a href="https://forms.gle/snxXvrH5LCh5tA1MA">https://forms.gle/snxXvrH5LCh5tA1MA</a>
11	My Character DNA - Dependable Helper Alertness, Availability, Endurance, Flexibility, Generosity, Hospitality, Joyfulness	<a href="https://forms.gle/t3UQDgu1FmBfjEvK9">https://forms.gle/t3UQDgu1FmBfjEvK9</a>

12	<b>My Character DNA - Harmonious Mediator</b> Attentiveness, Compassion, Deference, Gentleness, Justice, Meekness, Sensitivity	<a href="https://forms.gle/jCy879Fi2k3qsBr97">https://forms.gle/jCy879Fi2k3qsBr97</a>
13	<b>My Character DNA - Optimistic Analyzer</b> Boldness, Forgiveness, Obedience, Persuasiveness, Sincerity, Truthfulness,	<a href="https://forms.gle/9mC7yv1LwHEo3YaF6">https://forms.gle/9mC7yv1LwHEo3YaF6</a>
14	<b>My Character DNA - Resourceful Provider</b> Cautiousness, Contentment, Gratefulness, Punctuality, Resourcefulness Thriftiness, Tolerance	<a href="https://forms.gle/mu3JfuLYhjsmb2P67">https://forms.gle/mu3JfuLYhjsmb2P67</a>
15	<b>My Character DNA - Responsible Finisher</b> Decisiveness, Determination, Humility, Initiative, Loyalty, Orderliness, Responsibility	<a href="https://forms.gle/CizZct8u72M1qaMA7">https://forms.gle/CizZct8u72M1qaMA7</a>
16	<b>My Character DNA - Visionary Dreamer</b> Benevolence, Creativity, Discernment, Discretion, Enthusiasm, Faith, Wisdom	<a href="https://forms.gle/rYzqE8qZ2EDJjwWFA">https://forms.gle/rYzqE8qZ2EDJjwWFA</a>
17	<b>My Character DNA - Wise Coach</b> Dependability Diligence, Honour, Patience, Security, Self-Control, Thoroughness	<a href="https://forms.gle/anS22ZCXkG3jFyqe7">https://forms.gle/anS22ZCXkG3jFyqe7</a>
18	<b>Organisational Effectiveness - A Comprehensive Understanding of The Organisational Priorities and Needs for Development</b>	<a href="https://forms.gle/RGsfgy1o7sSNF6pM6">https://forms.gle/RGsfgy1o7sSNF6pM6</a>
19	<b>Organisational Health - Gain A Holistic View of Organisational Effectiveness</b>	<a href="https://forms.gle/8p5UQDov2Nac1Gvt9">https://forms.gle/8p5UQDov2Nac1Gvt9</a>
20	<b>Performance Appraisal – Don't Allow the Process of Performance Appraisal to Be a Vague, Obscure Process</b>	<a href="https://forms.gle/GSFrVikqHM5tWy8a6">https://forms.gle/GSFrVikqHM5tWy8a6</a>
21	<b>Problem Solving - Generate Quality Solutions to Problems Involving Creative Thinking and Analytical Thinking.</b>	<a href="https://forms.gle/QB7BubcJrsCopEjdA">https://forms.gle/QB7BubcJrsCopEjdA</a>
22	<b>Reputation Management - Proactively Build and Manage Relationships with Its Key Stakeholders.</b>	<a href="https://forms.gle/odfGaKt1FYikg1WW8">https://forms.gle/odfGaKt1FYikg1WW8</a>
23	<b>World of Winning: Current Status- Vision, Map, Consumer Focus, Confidence, Standards, Drive, Teamwork, Support and Belonging</b>	<a href="https://forms.gle/2eASdMRHd3QL1x8E7">https://forms.gle/2eASdMRHd3QL1x8E7</a>
24	<b>World of Winning: Preferred Status</b>	<a href="https://forms.gle/eWwSbmJWUKBBE24f9">https://forms.gle/eWwSbmJWUKBBE24f9</a>

## 7. SPIRITUAL EXCELLENCE

1	<b>Business God's Way - Effectively Operate a Business That Is Pleasing to God</b>	<a href="https://forms.gle/swhQ7em6YLaa1Xij8">https://forms.gle/swhQ7em6YLaa1Xij8</a>
2	<b>Character Transformation by The Book: Part 1</b>	<a href="https://forms.gle/x5ng7gruuoX6mUj26">https://forms.gle/x5ng7gruuoX6mUj26</a>
3	<b>Character Transformation by The Book: Part 2</b>	<a href="https://forms.gle/1jPXXcfKKednNXMB6">https://forms.gle/1jPXXcfKKednNXMB6</a>
4	<b>Character Transformation by The Book: Part 3</b>	<a href="https://forms.gle/9pgQWwF8j2GvALB9A">https://forms.gle/9pgQWwF8j2GvALB9A</a>
5	<b>Character Transformation by The Book: Part 4</b>	<a href="https://forms.gle/7tKiY2f4vpuziymm7">https://forms.gle/7tKiY2f4vpuziymm7</a>
6	<b>Church Relevancy and Health. Discover the level of readiness of a church to move to a greater level of relevancy and health.</b>	<a href="https://forms.gle/U6er9P5ZSww9DfgY6">https://forms.gle/U6er9P5ZSww9DfgY6</a>
7	<b>Creating Spiritual Maturity - These 20 Statements Reveal Some Characteristics of a Spiritual Mature Person</b>	<a href="https://forms.gle/NVmerBnuy4cVjsUCA">https://forms.gle/NVmerBnuy4cVjsUCA</a>
8	<b>Five Levels of Spiritual Growth- Dead, Infant, Children, Young Adult, Parent.</b>	<a href="https://forms.gle/WyLomVBta73cNvVA6">https://forms.gle/WyLomVBta73cNvVA6</a>
9A	<i>Kern Geestelike Kwaliteite</i>	<a href="https://forms.gle/fdLmraVMoGfFd7VR6">https://forms.gle/fdLmraVMoGfFd7VR6</a>
10	<b>Powerful Impact Principles - This Is an Amazing Tool to Help People to Hear from God and Learn to Listen and To Be QUIET</b>	<a href="https://forms.gle/sKv4FkkUWD9qxn4a7">https://forms.gle/sKv4FkkUWD9qxn4a7</a>
11	<b>Practices- Practices Help You to Live Your Beliefs. Verify or Validate Your Practices</b>	<a href="https://forms.gle/Me2zmmfEFQc6jC3B6">https://forms.gle/Me2zmmfEFQc6jC3B6</a>
12	<b>Redemptive Gifts- Don't Put What God Has Placed on Your Life on Hold. Perhaps You've Wrestled with Not Knowing Your Gift</b>	<a href="https://forms.gle/n75PadtbhsKqBkKR9">https://forms.gle/n75PadtbhsKqBkKR9</a>
13	<b>Seismic Shift: From Awareness to Effectiveness</b>	<a href="https://forms.gle/1UEKJbjPoxdyyr8T6">https://forms.gle/1UEKJbjPoxdyyr8T6</a>

14	Seismic Shift: The Root of The Issue	<a href="https://forms.gle/tfCo3mfhhjZcLhcg8">https://forms.gle/tfCo3mfhhjZcLhcg8</a>
15	Spiritual Health - For Our Spiritual Health, We Need to Regularly Check and Balance the Five Vital Signs	<a href="https://forms.gle/FbpF1tRbF2tNgep76">https://forms.gle/FbpF1tRbF2tNgep76</a>
16	The Kingdom Way of Life: Part One- Love, Faith, Prayer, Service, Honesty and Positivity	<a href="https://forms.gle/UqNdNnBQCLANmLh69">https://forms.gle/UqNdNnBQCLANmLh69</a>
17	The Kingdom Way of Life: Part Two- Liberty, Order, Unity, Generosity, Rest, Perseverance	<a href="https://forms.gle/o63THUsekmb3vxH7A">https://forms.gle/o63THUsekmb3vxH7A</a>
A18	<i>Ware Man: Self Evaluering</i>	<a href="https://forms.gle/mFSzSvwSShwQXHP37">https://forms.gle/mFSzSvwSShwQXHP37</a>

## TEACHABLE ONLINE COACHING

***If you have to change something- you have to measure it!***  
**EVOKING EXCELLENCE IN OTHERS**





**Figure 1: Understanding the conceptual framework of the Performance Excellence Coaching Model- Adapt, Adopt and Accelerate**

*This is what we do with passion*

***It is my dream to help as many people as possible to live a life of excellence and that they radiate from the inside out***

a Video-based eLearning content of users across the globe accessing our video content, just like Netflix-style. eLearning video-on-demand skilling platform backed up with zoom interactive sessions. When can we start?

***“I discovered that people are not really afraid of dying; they’re afraid of not ever having lived, not ever having deeply considered their life’s purpose and not ever having stepped into that purpose and at least tried to make a difference in this world” - Joseph Jaworski***

1	Adapt to A New Reality	<a href="https://mariodenton.teachable.com/p/adapt-to-a-new-reality">https://mariodenton.teachable.com/p/adapt-to-a-new-reality</a>
2	Advancing in The Midst of Uncertainty	<a href="https://mariodenton.teachable.com/p/the-powerful-role-of-encouragement">https://mariodenton.teachable.com/p/the-powerful-role-of-encouragement</a>
3	Authentic Grand Parenting	<a href="https://mariodenton.teachable.com/p/authentic-grand-parenting">https://mariodenton.teachable.com/p/authentic-grand-parenting</a>
4	Career Guidance	<a href="https://mariodenton.teachable.com/p/career-guidance-follow-up">https://mariodenton.teachable.com/p/career-guidance-follow-up</a>
5	Character Transformation	<a href="https://mariodenton.teachable.com/p/character-transformation">https://mariodenton.teachable.com/p/character-transformation</a>
6	Character Way of Service Excellence	<a href="https://mariodenton.teachable.com/p/the-character-way-of-service-excellence">https://mariodenton.teachable.com/p/the-character-way-of-service-excellence</a>
7	Character-Based- Leadership Development	<a href="https://mariodenton.teachable.com/p/wisdom-that-works">https://mariodenton.teachable.com/p/wisdom-that-works</a>
8	Competency-Based Interviewing and Selection	<a href="https://mariodenton.teachable.com/p/competency-based-interviewing-and-coaching">https://mariodenton.teachable.com/p/competency-based-interviewing-and-coaching</a>
9	Conflict Management	<a href="https://mariodenton.teachable.com/p/conflict-intelligence">https://mariodenton.teachable.com/p/conflict-intelligence</a>
10	Dealing with Uncertainty	<a href="https://mariodenton.teachable.com/p/lock-down-dealing-with-uncertainty">https://mariodenton.teachable.com/p/lock-down-dealing-with-uncertainty</a>

11	<b>Delivering Peak Performance</b>	<a href="https://mariodenton.teachable.com/p/delivering-peak-performance">https://mariodenton.teachable.com/p/delivering-peak-performance</a>
12	<b>Develop Team Energy</b>	<a href="https://mariodenton.teachable.com/p/developing-high-performance-teams">https://mariodenton.teachable.com/p/developing-high-performance-teams</a>
13	<b>Entrepreneurship That Prospers</b>	<a href="https://mariodenton.teachable.com/p/entrepreneurship-that-prospers">https://mariodenton.teachable.com/p/entrepreneurship-that-prospers</a>
14	<b>Facilitating Perpetual and Strategic Change</b>	<a href="https://mariodenton.teachable.com/p/facilitating-perpetual-and-strategic-change">https://mariodenton.teachable.com/p/facilitating-perpetual-and-strategic-change</a>
15	<b>Financial Discipleship</b>	<a href="https://mariodenton.teachable.com/p/financial-quotient-switch-your-financial-intelligence">https://mariodenton.teachable.com/p/financial-quotient-switch-your-financial-intelligence</a>
16	<b>Finish Well from Survival to Significance</b>	<a href="https://mariodenton.teachable.com/p/finish-well-from-success-to-significance">https://mariodenton.teachable.com/p/finish-well-from-success-to-significance</a>
17	<b>Gap Year Skills</b>	<a href="https://mariodenton.teachable.com/p/gap-skills-for-school-leavers">https://mariodenton.teachable.com/p/gap-skills-for-school-leavers</a>
18	<b>I Know My Design</b>	<a href="https://mariodenton.teachable.com/p/i-know-my-design">https://mariodenton.teachable.com/p/i-know-my-design</a>
19	<b>Insecurities</b>	<a href="https://mariodenton.teachable.com/p/dealing-with-insecurities">https://mariodenton.teachable.com/p/dealing-with-insecurities</a>
20	<b>InsideOutMe Mentorship program</b>	<a href="https://mariodenton.teachable.com/p/inside-out-me">https://mariodenton.teachable.com/p/inside-out-me</a>
21	<b>Legacy Leadership</b>	<a href="https://mariodenton.teachable.com/p/faithful-leaders-multiply">https://mariodenton.teachable.com/p/faithful-leaders-multiply</a>
22	<b>Man's and God's Economy</b>	<a href="https://mariodenton.teachable.com/p/man-s-versus-god-s-economy">https://mariodenton.teachable.com/p/man-s-versus-god-s-economy</a>
23	<b>Mentoring the New Generation Child</b>	<a href="https://mariodenton.teachable.com/p/achieving-true-family-success">https://mariodenton.teachable.com/p/achieving-true-family-success</a>
24	<b>Money and Marriage God's Way</b>	<a href="https://mariodenton.teachable.com/p/money-and-marriage-god-s-way">https://mariodenton.teachable.com/p/money-and-marriage-god-s-way</a>
25	<b>Optimising Emotional Intelligence</b>	<a href="https://mariodenton.teachable.com/p/emotional-intelligence">https://mariodenton.teachable.com/p/emotional-intelligence</a>
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28	<b>Raising the Bar of Excellence</b>	<a href="https://mariodenton.teachable.com/p/raising-the-bar-of-excellence">https://mariodenton.teachable.com/p/raising-the-bar-of-excellence</a>
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***“The things you want are always possible, it’s just that the way to get them is not always apparent. The only real obstacle in your path to a fulfilling life is you, and that can be a considerable obstacle because you carry the baggage of insecurities and past experience.” - Les Brown***

***“20 years from now you will be disappointed by the things you didn’t do than by the one’s you did. So, throw off the bowlines. Sail away from the safe harbour. Catch the trade winds in your sails. Explore. Dream. Discover. - Mark Twain***

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41.	<b>12<sup>th</sup> Fundamental Skill: Facilitating Change</b>	<a href="https://fb.watch/v/3Hd9gvLX0/">https://fb.watch/v/3Hd9gvLX0/</a>
42.	<b>13<sup>th</sup> Fundamental Skill: Teachability</b>	<a href="https://fb.watch/v/3zumG4stN/">https://fb.watch/v/3zumG4stN/</a>
43.	<b>14<sup>th</sup> Fundamental Skill: Two Economics</b>	<a href="https://fb.watch/v/Ec9r-ucr/">https://fb.watch/v/Ec9r-ucr/</a>
44.	<b>Goal setting (Session 1):</b> <a href="https://youtu.be/SXbUM_1Pp7w">https://youtu.be/SXbUM_1Pp7w</a> <b>Goal setting (Session 2):</b> <a href="https://youtu.be/7DOUQm66Fyw">https://youtu.be/7DOUQm66Fyw</a> <b>Goal setting (Session 3):</b> <a href="https://youtu.be/TR33Tjv2jkc">https://youtu.be/TR33Tjv2jkc</a>	

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**FACILITATED BY DR MARIO DENTON**

**MARIO DENTON** (MBA, M. Econ., PhD)

1. **In Africa** They Called Him, The Young One, The One Who Brings the Fire, The Platinum Eagle. the Wisdom Doctor.

2. **On the StrengthsFinder:** He Is Futuristic, Strategic Thinker and Maximiser, Full of ideas and Responsibility

3. **He Always Wants to Be. F.A.T.** (Faithful, Available, And Teachable).

4. **Feedback from His Clients:** When You Worked with Mario, You Will Get More Than What You Have Asked For. So, challenge him and ask for more.

5. **His Favourite Bible Verse:** Romans 12:2: Do Not Conform Any Longer to The Pattern of The World, But Be Transformed by The Renewing of Your Mind.

6. **Mario Is Passionate** About the Wellbeing and Development of People and Sees the Untapped Potential in Them.

7. As **Psychologist** Likes to Help People to Discover Their Unique Design.

8. He Is a Passionate and Enthusiastic Advocate of Lifelong Learning, Personal Growth and Development. The study leader of 160 MBA research projects

9. **He Is an Inspiring Action-Directed Business Coach** and Expert in Emotional Intelligence.

10. **His Mission Statement:** I Am Trusting God to Use My Coaching and Assessment Skills to Serve Leaders in Order to Significantly Impact Them in The Areas of Character-Based Leadership, Family and Stewardship.

**I am, through Christ who strengthens me, a passionate people management facilitator through purposeful, authentic and stewardship conversations**

11. **Happily Married** For 42 Years with His Covenant Wife, The Wife of His Youth with three sons and five grandchildren.

12. **His Favourite Closing Comments** on TV And Radio: Make A Difference and Let the Rest of Your Life Be the Best Part of Your Life. You Ain 't Seen Nothing Yet. Prayer is the most powerful, cost-effective under-utilized management tool. Leadership is about Following Him, serving others and influence the world to make a lasting Kingdom Impact

**M**aster in his study field. He knows where he is going and what he wants to achieve

**A**vailable. He is available to serve it be professionally or in friendship

**R**ight standing with God. Loves God and will seek ways to please God and want God's blessings in what he does

**I**lluminates a servant-leadership character

**O**bservant of what goes on around him. Identifies new ideas and challenges in his surrounding

**My 30 second Commercial and Affirmation.**

You are great and a unique individual. You are born to do well, to succeed and to bless the lives of others. You have what it takes to be great. You are enthusiastic, optimistic and a change embracer. You are a giver rather than a taker, a hard worker and a happy person. You want to go out and make a difference in others people's lives. In an ocean, full of rumblings and waves, you will be the one who brings stability and will be free and enjoy what you do. Stay humble.

**TO GOD ALL THE GLORY**

1. **I thrive on it to see how I can help people to discover the best version of themselves.**
2. **It is my dream and my passion to inspire people to live out their God-given potential**

3. I enjoy inspiring people to discover their redemptive purpose and to encourage them to walk it out

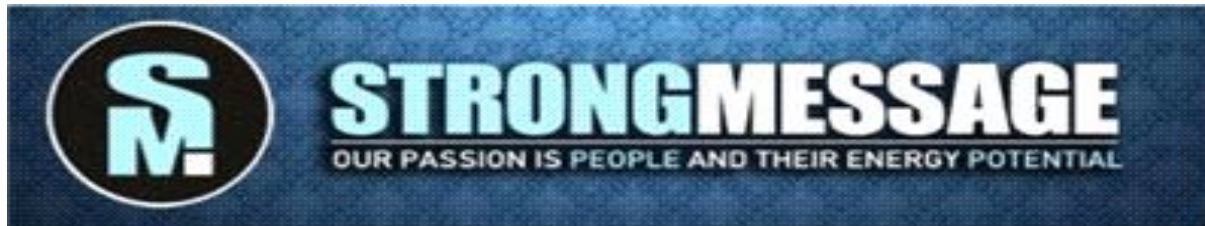
Mario Denton's Epitaph: Not selfish to share his knowledge and wisdom with others.

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Close each training with the following:

1. **What did you hear?** What did you hear as you listen to the session?
2. **What do you think?** What does it mean to you, how does it apply to your life and what difference does it make to you?
3. **What will you do?** What action step will you take? How will you think differently? How will you live differently?
4. **Now your prayer.** This is where you put your thoughts into prayer. It could be a prayer of gratitude or praise. It could be a prayer of confession or a request for God's help. It's up to you. but take a few moments to write a prayer response to what you heard so far?

Mario Denton's Epitaph: Not selfish to share his knowledge and wisdom with others.